

CALIFORNIA STATE POLYTECHNIC UNIVERSITY, POMONA
ACADEMIC SENATE

ACADEMIC PROGRAMS COMMITTEE

REPORT TO
THE ACADEMIC SENATE

AP-008-256

B.S. in Kinesiology – New Exercise Science Option

Academic Programs Committee – Date: 11/12/2025

Executive Committee – Date Received and Forwarded: 04/08/2026

Academic Senate – Date: 04/15/2026

First Reading

BACKGROUND:

This referral proposes the addition of an Exercise Science option within the Bachelor of Science in Kinesiology. The option reinstates a previously offered concentration and responds to strong student demand and workforce needs in health, fitness, and allied health professions.

Currently, Exercise Science exists only as an informal emphasis within the General Kinesiology option, which limits curricular coherence, advising clarity, and student ability to demonstrate specialization. The proposed option provides a structured curriculum aligned with industry standards and accreditation requirements, including initial accreditation through CAAHEP.

The option will prepare students for careers in clinical exercise physiology, strength and conditioning, rehabilitation, and related fields, as well as for certification and advanced graduate study. Implementation is proposed for Fall 2026 with primarily face-to-face delivery.

RESOURCES CONSULTED:

- College Deans
- Department Chairs
- Dr. Srdjan Lemez, Associate Professor, Kinesiology and Health Promotion

Consultation identified no concerns or conflicts.

DISCUSSION:

The Committee reviewed the proposal and found strong justification based on student demand, industry growth, and alignment with faculty expertise. The structured option improves advising, curriculum coherence, and student career readiness. The Exercise Science option was originally in the catalog prior to conversion- there were three options in 2017-2018

The Office of Academic Programs (OAP) noted on Curriculog regarding workload and costs associated with the 31-unit option, particularly given the number of lab/activity courses. OAP recommended further clarification of course scheduling and resource implications which were satisfactorily addressed by the department. The department acknowledged these considerations and indicated capacity to offer the courses, with potential adjustments to GE offerings and existing course rotations. The AP committee also notes that the department launched four minors last academic year and recommends careful consideration on faculty workload and student advisement.

RECOMMENDATION:

The Academic Programs Committee recommends approval of the new Exercise Science option in the B.S. in Kinesiology, with attention to workload and resource planning as noted by OAP.