



**ACADEMIC SENATE  
Executive Committee  
REFERRAL FORM**

**CALIFORNIA STATE POLYTECHNIC UNIVERSITY, POMONA**

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Date:	11/12/2025
To:	General Education Committee
From:	Academic Senate Executive Committee
Subject:	Academic Senate Referral
Classification	GE-009-256
Title of Referral:	<u>HRT 2060 - Leisure and Human Behavior (New GE Area 4A)</u>
Background:	See attached referral request form. Additional background provided by the Executive Committee:  New course proposed for GE Area 4A.
Recommended resources:	See attached referral request form and supporting documentation. Additional resources recommended by the Executive Committee:  None.  For the Committee's Report on this referral, please list in separate sections, the resources recommended, and resources actually consulted. If a resource was not consulted, briefly state why.
Review and recommend:	Review and recommend as appropriate.
Date required for presenting committee report to the Executive Committee:	3/2/2026

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Keywords: HRT, 2060, Leisure, Human, Behavior, New, GE, Area, 4A

Background:

Examine leisure as a key dimension of human behavior, health, and social life. Explore concepts such as play, recreation, flow, and serious leisure, and analyze how leisure intersects with work, identity, health, and community. Emphasis on both positive and negative uses of free time and encourages students to reflect on their own philosophy of leisure.

Upon successful completion of this course, students will be able to:

1. Define and explain key concepts of leisure, play, recreation, flow, and serious/casual leisure.
2. Analyze the role of leisure across historical and cultural contexts, comparing pre-industrial, industrial, and post-industrial societies.
3. Evaluate the positive and negative impacts of leisure on health, stress, coping, and addictive behaviors.
4. Compare and critique leisure participation across gender, age, and cultural groups.
5. Apply leisure theories to personal experiences by constructing and defending a personal philosophy of leisure.
6. Assess the contribution of leisure to individual well-being and community engagement, including the role of volunteering.

This course serves as a major elective within the Hospitality Management (HRT) curriculum and as a General Education course for non-majors. For HRT students, it develops understanding of leisure as a dimension of human behavior, and complements other electives by emphasizing cultural, historical, and social perspectives on leisure, rather than industry-specific operations. For GE students, the course aligns with Area 4A by examining leisure's role in health, identity, and society, and by fostering critical reflection on how free time contributes to individual and community well-being.

- **Written Communication:** *Students will demonstrate written communication skills through reflective papers and short essay responses on exams, applying leisure concepts clearly and coherently to personal and social contexts.*
- **Critical Thinking:** *Students will analyze leisure from multiple perspectives—such as positive and negative uses of free time, or leisure across different cultural and historical contexts—and develop reasoned conclusions. This outcome is assessed through exams and reflective assignments.*
- **Information Literacy:** *Students will locate, evaluate, and synthesize information from course readings and external sources to analyze leisure's role in health, identity, and community. This outcome is assessed through at least one reflective paper or project.*
- **Civic Literacy:** *Students will examine how leisure practices connect to issues of public health, social equity, community engagement, and volunteering. This outcome is assessed through reflective writing and in-class discussion.*

- **Intercultural Engagement:** *Students will explore leisure participation across cultures, ages, and genders, gaining understanding of how social, cultural, and economic contexts shape leisure experiences. This outcome is assessed through readings, discussions, and reflection assignments.*

This course aligns with GE Area 4A: Social and Behavioral Sciences by examining leisure as a central aspect of human behavior and social life. Students explore the principles, methodologies, and ethics of social science inquiry through concepts such as play, recreation, flow, and serious leisure, and by analyzing leisure's relationship to work, identity, health, and community. Course content situates leisure in both historical and contemporary contexts, comparing pre-industrial, industrial, and post-industrial societies, and emphasizes global and cross-cultural perspectives on leisure participation.

The course addresses how human social, political, and economic institutions and behavior are interconnected, with attention to issues such as social equity, civic engagement, and the role of leisure in community well-being. Student learning is assessed through assignments that target GE SLOs in **Critical Thinking, Information Literacy, and Civic Literacy**, ensuring that all sections of the course provide students with opportunities to analyze multiple perspectives, evaluate information responsibly, and apply civic knowledge to contemporary challenges.